

# Mount Sinai inside

## Helping Patients Find Their Strength



LEFT TO RIGHT: Hrafnhildur Ragnarsson; Euan Baird; Kristjan T. Ragnarsson, MD, Chairman of the Department of Rehabilitation Medicine; Angelica Baird; Dennis S. Charney, MD, Dean of Mount Sinai School of Medicine.

The Department of Rehabilitation Medicine celebrated the opening of the new Euan Baird Rehabilitation Gymnasium with a reception at the facility on October 15.

The Euan Baird Rehabilitation Gymnasium is a state-of-the-art, 1,778-square-foot facility designed to provide patients who have suffered a stroke or other brain trauma-related disabilities with a warmer, friendlier space to aid them in their recovery.

"Mr. Baird understands the importance of the rehabilitation environment," says Kristjan T. Ragnarsson, MD, the Lucy G. Moses Professor and Chairman of the Department of Rehabilitation Medicine. "That is why he has made this generous donation toward renovating our facilities."

The new gymnasium is located on the third floor of the Klingenstein Care Center and will be directed by Dr. Ragnarsson. The gym is outfitted with new therapeutic and medical equipment, including a new cybex bike used for both upper and lower extremities endurance, new wheelchair-accessible tilt tables, and new exercising mats. There is a new lighting system that more accurately simulates natural sunlight, and other improved environmental controls.

"These renovations help set the tone for patients entering this facility who are about to undergo the challenges of physically and mentally recovering from their injuries," says Dr. Ragnarsson. "We are very grateful to the Baird family for their vision and generosity. This facility will make a critical difference for many, many patients."