

OUR MISSION

The Martha Stewart Center for Living at Mount Sinai provides the highest quality care to older adults and their loved ones in New York City. Our clinical teams are comprised of physicians specializing in geriatric medicine and palliative care, nurse practitioners, registered nurses, social workers, and medical assistants. Together, we ensure that you and your loved ones experience the best possible quality of life.



Contact Us

**Martha Stewart Center for Living
at Mount Sinai Union Square**
10 Union Square East, Suite 3G
New York, NY 10003
(212) 463-0101

**Martha Stewart Center for Living
at Mount Sinai Hospital**
17 East 102nd Street
Fourth Floor, Area C
New York, NY 10029
(212) 659-8552

**Geriatrics at Mount Sinai
Morningside Hospital**
1111 Amsterdam Avenue
Tenth Floor
New York, NY 10025
(212) 636-1201



**Mount
Sinai**

*Martha Stewart
Center for Living*



*Comprehensive, quality care
and support for older adults,
persons with serious illness,
and their loved ones*

At the Martha Stewart Center of Living...

We provide a comprehensive clinical assessment of each unique individual and their loved ones. We are experts in the management of common geriatric problems, such as:

- Dementia and memory issues
- Depression
- Osteoporosis
- Incontinence
- Fall and balance issues
- Coordination of care with other health care providers and during hospitalization

Appointments are available in-person and virtually through video and tele-health visits.



OUR APPROACH

Our team offers older adults:

- Enhancement of function
- Intensive symptom management
- Physical and psychological comfort
- Psychosocial, spiritual, and emotional support for both patients and families

OUR SERVICES

Our patients can participate in activities and classes including: nutrition planning, mindfulness-based stress reduction, yoga, Tai Chi, and fall prevention. Caregiver support is also available.

We believe that every older adult deserves to live with the best quality of life possible.

OUR PATIENTS

We are dedicated to providing the best care of the older adults and their loved ones. We offer primary medical care to persons over the age of 75, and consultations with your current physician to persons over the age of 65.

