Summer Newsletter - 2024

Phillips School of Nursing (PSON) Alumni Association

148 East 126th Street New York, NY 10035

https://www.mountsinai.org/locations/mount-sinai/pson/alumni

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This is an exciting time for Nursing and an exciting time for our school. In this issue, you will hear from our president Patricia McKenna. Danielle Brown and Rita Williams will share beginning ideas/plans for creating a mentorship program, You will meet Dr. Glassman the new Dean, and of course hear about our Fall 2023 Luncheon.

Each year the luncheon reinforces for me how much we each want to hear about and stay in touch with fellow alumni. This Newsletter is one way to do that.

Let's hear from you!

Choose one of three questions below – more if you want to share your story and send to PSONAA@mountsinai.org. We'll share in a future Newsletter!

- 1. Who was your favorite instructor why?
- 2. What was your favorite clinical rotation why?
- 3. What specialties have you worked in nursing or perhaps in other professions?

President's Message

Greetings to all Alumni and Friends!

I hope you are well. This is an exciting time for us as Dr. Kimberly Glassman begins her tenure as our new Dean. Dr. Glassman brings with her an amazing background in both Nursing Education and Nursing Administration and is poised to take the school to the next level. We are also honored to welcome our newest alumni.



Welcome and President's Message

Upcoming Mentorship Program

Annual Fall Luncheon

New Dean

Alumni News

How They Lived...

Editor: Miriam Fridman

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President's Message, continued...

The Alumni Association will also be hosting a series of Roundtable/Panel Discussions to give our students an opportunity to explore possible career paths and can speak with other Alumni who are working in the desired specialty area. Each session will bring in Alumni from Mount Sinai Health System and institutions across NYC Area to explore different nursing career pathways. The first was held May 7th and focused on Emergency Department Nursing.

In this, our 120th year we are having an event to allow our Alumni to visit and tour the PSON facility to see and experience nursing education in the 21st century. We have a state-of-the-art SIM lab to be proud of!!!

Nursing is ever evolving, and we invite you to share your expertise as a seasoned nurse with our younger alumni and students and we ask that our younger alumni share their unique skill sets with our seasoned alumni. We are always welcoming of new Board members and committee members, so reach out if you would like to be involved. We hold our annual elections in October, at the Luncheon.

Warmest Regards,

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Patricia McKenna

Many of you have asked...

Please join us on Sunday, September 15th from (11AM – 2 PM) for Brunch! Meet the Dean and take a Tour of the state-of-theart Mount Sinai Phillips School of Nursing in East Harlem!

RSVP* by Sept 8th by completing the: <u>Tour Registration Form</u> or emailing us at: <u>PSONAA@mountsinai.org</u>

*Please note – you must RSVP with your Name, email address, phone number and year of graduation – <u>no walk-ins</u> permitted.

QUOTE OF THE DAY

"Let us never consider ourselves finished Nurses. We must be learning all our lives."

Florence Nightingale



Become an Active Member!

Pay your Annual **\$50 Dues** electronically:

Zelle
(https://www.zellepay.com)
or PayPal
(https://www.paypal.com)
Link your payment to:
'PSONAA@mountsinai.org'

ALSO complete the <u>PSON</u> Alumni Registration Form

Physical Mail and paper checks can also be sent to: Mount Sinai Phillips School of Nursina

> Attention: PSON Alumni Association

148 East 126th Street New York, NY 10035

*Join us for our Annual Luncheon in October – Date Oct 27, 2024. We will be honoring the classes ending in '4s' – 44, 54, 64, 74, 84, 94, 04, 14, 24 (See Page 4)

Upcoming Association Mentorship Program

The Alumni is currently creating a mentorship program to help facilitate and support the current nursing students at Phillips School of Nursing (PSON). Through the mentorship program the nursing students will be able to network, cultivate, and maintain relationships with Alumni through curative workshops and panel discussions.

To kick off this program, we will have a series of roundtable panel discussions for the nursing students. The panel discussions, called "Let's Chat Series", will encompass a variety of specialties, including cardiac, pediatric, and ED. The Emergency Department Nursing Program this past May was well received!

Danielle Brown Rita Williams

Phillips School of Nursing (PSON)Alumni Association
"Let's Chat Series":

LIFE ON THE LINE-EMERGENCY DEPARTMENT
NURSING

Tuesday, May 7, 2024, 6:00 - 7:30 PM

The Auditorium at PSON 148 East 126th Street, NYC



Program

There was a lively panel discussion where attendees learn about the fast pace and rewards of emergency nursing from seasoned ED nurses. After an energetic Q&A session, light refreshments were provided.

Panelists

Ivy Balagatas, BSN, RN ~ Bellevue Hospital
Olivia DeCurtis, BSN, RN, CEN ~ Mount Sinai Main Hospital
Esther Goldberg, BSN, RN ~ Hackensack University Medical Center
Virginia Klunder, MA, RN ~ Heath Care Advocate | Consultant

Connection
Corner



Share Your News

Do you have a special memory, story, something you'd like to share? E-mail your story to:

PSONAA@mountsinai.org

Include your name and year of graduation. And we will include this is our newsletter.

<u>Would You Like Mentor a</u> Student?

Make a difference in a student's life. A mentor relationship is rewarding to the mentor and the student.

If yes, please send your name, specialty and contact info, including phone number to: PSONAA@mountsinai.org Now more than ever, our students need your advice, guidance, and expertise, support, or simply a listening ear.

Appointment of Kimberly S. Glassman, PhD, RN, as Dean Mount Sinai Phillips School of Nursing



Following an extensive national search, we are pleased to announce the appointment of Kimberly S. Glassman, PhD, RN, NEA-BC, FAONL, FAAN, as Dean of the Mount Sinai Phillips School of Nursing and Vice President for Nursing Academic Affairs of the Mount Sinai Health System, effective Thursday, December 28. Dr. Glassman brings a clear vision and a wealth of higher education administration and health care experience to the Phillips School of Nursing leadership team. Her background is impressive, and we are thrilled the school will be in such capable hands.

Among Dr. Glassman's top priorities will be to create a dynamic strategic road map for the future of the school. This road map will identify new areas of growth and innovation; establish the Phillips School of Nursing as a leader in nursing education in New York City and a regional model for addressing the critical shortage of front-line nurses; and set out ways to attract, retain, and develop outstanding faculty.

Dr. Glassman joins Mount Sinai from New York University (NYU) Rory Meyers College of Nursing, where she was a clinical professor, Senior Associate Dean of Academic Affairs and, previously, Associate Dean of Partnership Innovation. She spent most of her nursing career at NYU Langone Health, joining the organization as a Team Leader/Senior Staff Nurse in Intensive Care, advancing into clinical and administrative leadership positions in a variety of specialty areas, and serving as Senior Vice President for Patient Care Services and Chief Nursing Officer of NYU Langone Medical Center.

Dr. Glassman has received numerous grants and has conducted extensive research with a focus on integrative health, nurses' role in fostering health promotion, clinical program evaluation, transitions to practice for newly graduated nurses, the patient experience, and the impact of the COVID-19 pandemic on nursing. She has presented nationally on a variety of clinical and nursing leadership topics; coauthored the book Data Makes the Difference: The Smart Nurse's Handbook for Using Data to Improve Care, published by the American Nurses Association; and written many chapters for textbooks and peer-reviewed journal articles. She is a scientific reviewer for several journals, including Applied Nursing Research, Nursing Economics, and Qualitative Health Research.

An invaluable resource to many impactful health care organizations and programs, Dr. Glassman has served on a variety of boards and advisory groups, including the advisory board for EBSCO Health, a leading provider of evidence-based clinical decision support solutions and other resources; Nurses Improving Care for Health systems Elders or NICHE program; and the Pacific College of Oriental Medicine's RN to BSN program. Dr. Glassman received both her PhD in Theory and Research Development and her Master of Nursing Administration from NYU. She was honored as an inaugural Fellow of the American Organization of Nurse Leaders, is a graduate of the Johnson & Johnson Wharton Fellows Program in Management for Nurse Executives at the University of Pennsylvania and is an alumna of the Robert Wood Johnson Nurse Executive Fellow Program. Dr. Glassman has been named a Fellow of both the New York Academy of Medicine and the American Academy of Nursing.

Please join us in welcoming Dr. Glassman to Mount Sinai and to her important leadership role for the Phillips School of Nursing. We are thrilled to have such a distinguished leader joining us, and we look forward to working with her to advance the Phillips School mission at this critical time in nursing and in the years to come.

Beth Oliver, DNP, RN, FAAN Chief Nurse Executive Senior Vice President, Cardiac Services Mount Sinai Health System Elizabeth Sellman, MPA
President and Chief
Operating Officer
Mount Sinai Beth Israel

Janet Green and Ruth Nerken Co-chairs, Board Mount Sinai Phillips School of Nursing

SAVE THE DATE!

Please join us this coming Fall at our 2024 Annual Luncheon.

REGISTRATION WILL BE OPENING SEPTEMBER 2024

Please make sure your contact information (link below) is up to date, so you receive our emails.

PSON Alumni Contact Us

120th Anniversary Luncheon & Annual Meeting of the Phillips School of Nursing (PSON) Alumni Association

> Sunday, October 27, 2024 12:00 - 4:00 PM



Terrace on the Park - Queens, NY



Reconnect with your fellow alumni for an afternoon of wine, hors d'oeuvres, lunch, raffle prizes and good conversation.

Learn about PSON Alumni Association and benefits of membership.

Meet our new Dean, Kimberly Glassman, and hear about the school, its programs and strategic plan.

For more information email us at PSONAA@mountsinai.org

2023 Annual Fall Luncheon

The Annual Alumni Meeting-Luncheon was held on October 29, 2023, at the Water Club's River Room in NYC where attendees from seven decades of PSON graduates reconnected with fellow alumni for an afternoon of wine, hors d'oeuvres, lunch, and good conversation! The earliest graduate attending in person was **Florence Martin**, representing the Class of 1956, and our newest Alumni Board Member, Danielle Brown, Class of 2021, and her classmate Nikita Grant were the latest graduates. Suzanne Bile, Class of 2013, represented honorees from Classes ending in "3s". And notably, our 'oldest' alum, **Belle Weiss**, Class of 1937 (featured in previous Newsletters), sent a video greeting reminiscing about nursing nearly nine (9) decades ago! She turned 107 in June.

The co-chairs of the Mount Sinai PSON Board Janet Green (via video), granddaughter of Seymour Phillips, for whom the school is named, and Ruth Nerken attended and along with Bernice Pass-Stern provided updates on the state of the School. Beth Oliver, Chief Nurse Executive, Senior Vice President, Cardiac Services addressed the group and shared greetings from the Mount Sinai Health System.

The Janet Mackin Scholarship for Advancement of the Profession of Nursing was awarded to PSON alumni member Courtney Hart, Class of 2022 who received \$1000 towards the pursuit of an advanced degree in Nursing. She was unable to accept the award in person yet sent a video 'thank you'. Courtney is currently pursuing her MS in Nursing in Nurse-Midwifery at the Yale School of Nursing. As a future Certified Nurse Midwife, she is deeply committed to becoming a clinician who will help to ameliorate health inequities for birthing people from marginalized communities. Before returning to school to pursue her graduate degree, she worked as a RN on L&D at NYU Tisch-Kimmel. She received her BSN with cum laude honors from the Phillips School of Nursing at Mount Sinai Beth Israel. At PSON, she was recognized with the Dean's Award for Professionalism in Nursing. Prior to becoming an RN, she supported birthing people in the NYC metro area as a birth and postpartum doula, Certified Lactation Counselor, and Childbirth Educator and was privileged to be involved with Mount Sinai's Sexual Assault Violence Intervention program as a volunteer facilitator and advocate for over ten years. Courtney received a resounding round of applause from those in attendance congratulating her - well deserved!

***Scholarship Applications for 2024 will be available in September.

DISTINGUISHED ALUMNI





Florence Martin

Alumni News: What am I doing today? Kim Owens Class of 1979

After retiring in 2021 I have been occupying my time with pottery and growing Orchids. In October 2023, I hosted 20 members of the class of '79 in Savannah GA. Looking forward to our next get together which will be a cruise in February 2025!



How they lived...remembering our Alumni. It is with great pride that we share memories of two of our oldest alumni:

Ruth Krinsky Hauser Bloch, Class of 1939, passed away on January 1, 2024. Ruth was raised in Brooklyn during the Great Depression. After nursing school, she worked at Beth Israel Hospital in pediatrics as a charge nurse. During her career she cared for those devastated first by the polio epidemic and then, much later, by HIV/AIDS. In her later years, she lived in an assisted living facility in Boca Raton, Florida. She is survived by her daughter, Karen, her son, Eric, her granddaughter, Samantha and her son-in-law, Bruce. Please keep her family in your thoughts and prayers. Donations may be made to the Mount Sinai Phillips School of Nursing.

Annette Stauber Cohn, Class of 1943 passed away on January 5, 2024. Annette was born on July 9, 1922, in Brooklyn, NY. Always a woman of extraordinary drive and passion, Annette held jobs from her teens to her admission to Beth Israel Hospital School of Nursing in 1941, to a career in nursing and home health care. She self-published a book, 'Out ~ of Time and Place', with vivid details of her time at Beth Israel 1941-1943.

Annette's professional life focused on caring for others through her nursing career. Equal to her career accomplishments were her guidance and care for her family including her husband Perry and children Lewis, Martha and Martin. And then of course came a son-in-law and daughters-in-law, grandchildren, and great grandchildren. Annette carried herself with class and a sharp sense of fashion. Her skills in making clothes, painting, drawing, sculpting and her fiber arts brought out many other aspects of her inner beauty. This was "a life of energy, passion and love." The family asks that gifts in her memory be made to the Mount Sinai Phillips School of Nursing.

PSON Alumni Share Your News!!!

PSON wants to keep you updated on the important work and accomplishments happening within our community of nurses.

Do you have any news you would like to share for an upcoming PSON Annual Report?

Maybe a new position? A new work location? A speaking engagement? Please share with Linda Fabrizio who can be reached at:

linda.fabrizio@mountsinai.org



The PSON Alumni Board is committed to connecting with our students both past and present. I would like to thank everyone who contributed to this Newsletter.

Please visit our Alumni page on the PSON web site at https://www.mountsinai.org/ locations/mount-sinai/pson/alumni

<u>PSON Alumni Registration</u> Form